Goal 1: Long Term Services and Supports are available to people in their home communities:

Strategies:

- 1. Educate public on available services through Dakota at Home:
 - Develop website and media campaign to raise awareness of Dakota at Home by June 2018;
 - b. Provide highlights and share success stories via DHS website and social media on a quarterly basis;
 - c. Provide updates on initiatives and services through public comment, tribal consultation meetings or presentations at professional conferences on a quarterly basis.
- 2. Reduce gaps in provider coverage:
 - a. Survey providers regarding suggested regions and definition of core services:
 - i. Send survey by January, 2018.
 - ii. Compile results by March, 2018 and present at March 14th, 2018 meeting.
 - b. Increase the number of existing providers who serve additional programs:
 - i. Outreach to providers by February 2018.
 - ii. Track the number of existing providers who serve additional programs quarterly.
- 3. Revitalize Senior Centers:
 - a. Encourage and support integration in the community; "Community" vs "Senior" Center:
 - i. Develop updated list of active centers by January 2018.
 - b. Share best practices among existing centers:
 - i. Include centers and their services in Dakota at Home directory by January 2018.

- c. LTSS staff will engage with senior centers in their area:
 - i. Offer presentations at senior centers four times per year.
 - ii. Provide information on senior centers to LTSS participants via Dakota at Home.
 - iii. LTSS will develop a plan to provide office hours at Senior Centers by June 2018.
- 4. Combine ADLS and HOPE waiver to reduce paperwork, ease process for consumers and providers:
 - a. Update waivers to offer consistent services by 2021;
 - b. Combine waivers into one at such time as consistency is achieved.
- 5. Implement Community living models/Utilize local residents in rural areas to provide supports in their community:
 - a. Implement Structured Family Caregiving Homes and Community Living Homes by April, 2018.

Goal 2: Family Caregivers receive the help they need to support people at home: Strategies:

- 1. Develop a respite care provider directory to support families:
 - a. Recognize credentialing for respite care providers by 2020;
 - b. Implement use of Charting the LifeCourse Tools for Respite, developed by the ARCH National Respite Network and Resource Center by 2020.
- 2. Review and make recommendations to simplify requirements for facility-based respite providers by June, 2018.
- 3. Implement a statewide Respite Care Needs Assessment by June, 2018.
- 4. Expand use of paid family caregivers:
 - a. Survey providers regarding barriers in hiring family by January 2018;
 - b. Educate public and providers about opportunities for paid family caregiving through Dakota at Home by June 2018.
- 5. Implement person-centered care plans for 100% of participants by the end of fiscal year 2020.
 - a. Evaluate adequacy of participant back-up care plans to ensure families have the support they need;
 - b. Incorporate one page, person centered descriptions of people receiving services.
- 6. Authorize nursing visits to educate caregivers about specific needs of the care recipient at home; especially post hospital discharge.
 - a. Email to hospital/nursing home discharge planners by December 2018.
 - b. Include as a waiver "tip of the month" via email to LTSS Staff by December 2018.

Goal 3: The State will utilize best practices to address needs and develop services: Strategies:

- 1. Review regulations and administrative rules:
 - a. Include access to Advocacy program for LTSS consumers (Reference DD 43:11:03) by April, 2018;
 - b. Update rules to clarify waiver services in Assisted Living by July, 2018.
- 2. Incorporate National Core Indicator quality indicators to LTSS by July, 2018:
- 3. Implement best practices from other waivers by August, 2018:
 - a. Add Conflict Free Case Management;
 - b. Add Person centered practices tools;
 - c. Add self-direction to HOPE waiver.
- 4. Increase availability and awareness of Durable Medical Equipment (DME) recycling programs by utilizing Dakota at Home, DHS website and social media by August, 2018.

Goal 4: Expand the Long Term Services and Support Workforce:

Strategies:

- 1. Optimize choice in hiring support employees through implementation of self-direction by August, 2018:
- 2. Encourage supported employment programs for people interested in providing direct support:
 - a. Link to Ability for Hire website within Dakota at Home by June, 2018.
- 3. Improve perception of work positions:
 - a. Recognize certification or credentialing of direct care providers and family caregivers on the respite care website by 2020;
 - b. Link direct care providers and family caregivers to supports available through ADRC (Dakota at Home) website. (Information, education and support articles) by June, 2018.
- 4. Encourage existing providers to expand service models by March 2018:
 - a. Publish information about Provider survey results (from Goal 1, strategy 2);
 - b. Distribute brochures about waiver services to all providers;
 - c. Add Unmet Service Needs as an agenda item to the quarterly Internal Waiver Review Committee meeting;
 - d. Collaborate within the Department to address needs of communities.
- 5. Share information about DOH programs for medical and allied health with professionals during annual onsite reviews by August, 2018.